

PROBLEM GAMBLING

MID-HUDSON

RESOURCE CENTER

*— Here to Help —*

# Problem Gambling

THE HIDDEN ADDICTION



The New York Council on Problem Gambling is a not-for-profit independent corporation dedicated to increasing public awareness about problem and compulsive gambling and advocating for support services and treatment for persons adversely affected by gambling.

The Council maintains a neutral stance on gambling

# GRECC CONNECT - CASE CONFERENCE SERIES

GRECC Connect Program (GC) delivers virtual geriatric consultation with the aim to improve access to geriatric care for Veterans in rural areas. This project links geriatrics specialists from GRECCs (Geriatric Research, Education and Clinical Centers), located in urban tertiary medical centers, to providers and patients in rural areas. Clinical video telehealth, electronic consultation, and educational teleconferences bridge communication and access gaps that rural populations face.

Through this project, we aim to equip rural providers and staff with the knowledge and skills to care for older adults. GC supports staff at rural clinics.

Funded by the VA Office of Rural Health (ORH)

# DISCLAIMERS:

The views expressed in this presentation are those of the author(s) and do not necessarily reflect the position or policy of the Department of Veterans Affairs or the United States Government.

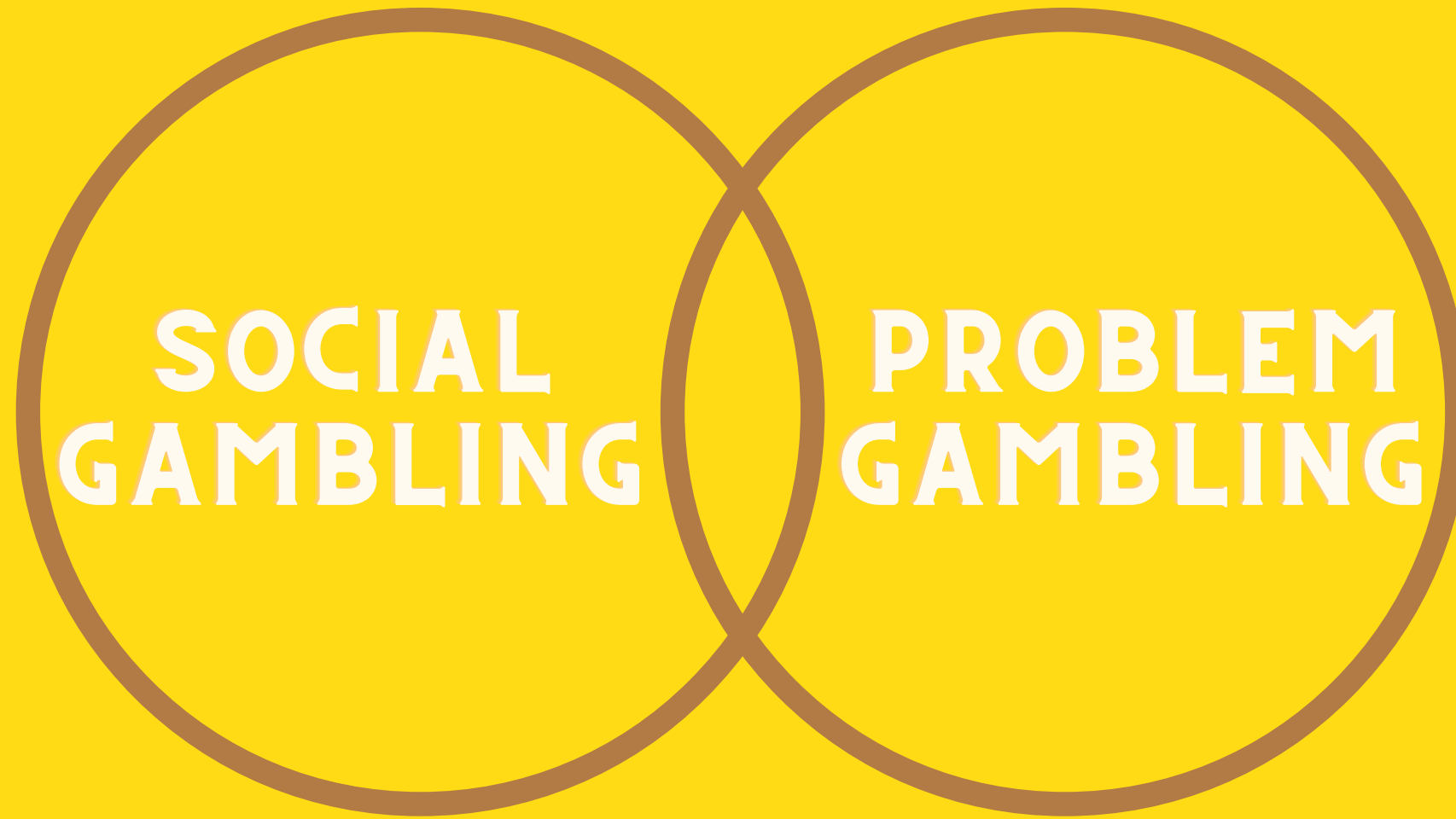
Reference herein to any specific commercial products, process, or service by trade name, trademark, manufacturer, or otherwise, does not necessarily constitute or imply its endorsement, recommendation, or favoring by the United States Government.



# WHAT IS GAMBLING?







**Reason(s) for Gambling**

**Expectation(s)**

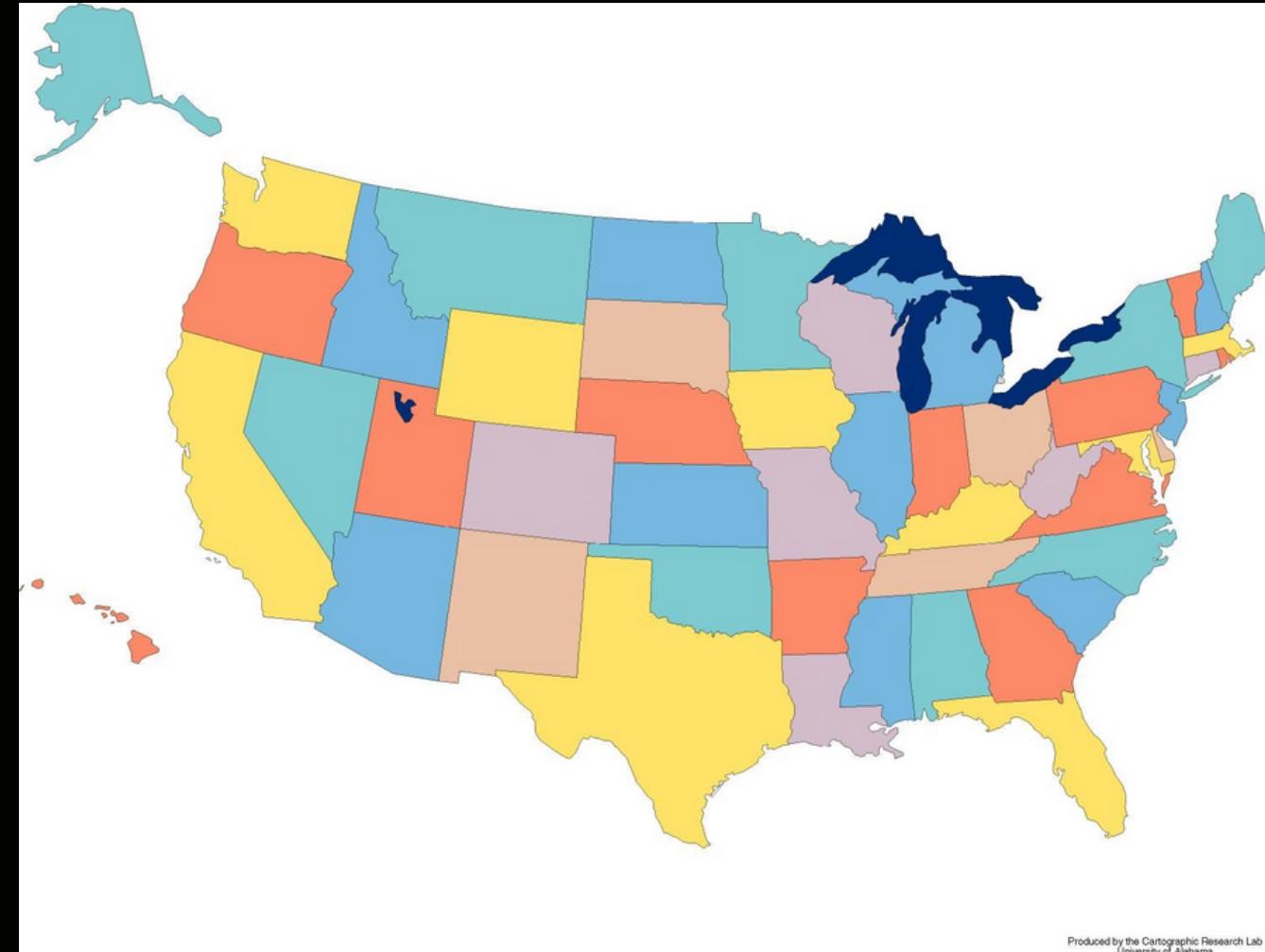
**Treatment of Time and Money**

**Reaction to Loss**

**Level of Disclosure**



APPROXIMATELY 85% OF U.S. ADULTS HAVE GAMBLED AT LEAST ONCE IN THEIR LIVES;  
60% IN THE PAST YEAR.



2 million U.S. adults (1%) are estimated to meet criteria for severe gambling problems each year. Another 4–6 million (2–3%) would be considered to have mild or moderate gambling problems; that is, they do not meet the full diagnostic criteria for gambling addiction but meet one of more of the criteria and are experiencing problems due to their gambling behavior.

(SOURCE: National Council on Problem Gambling)



**Tolerance**



**Withdrawal**



**Lack of Control**



**Preoccupation**



**Escape Gambling**



**Chasing**



**Lying**



**Risking**



**Bailout**

# PREVALANCE OF GAMBLING



**ACCESS/  
EXPOSURE**



**LIFE  
CHANGING  
EVENTS**



**CULTURE/  
GENETICS**

# Types of Gambling in NYS

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Horse Racing  
Lottery  
Casinos  
Off-track Betting  
Bingo  
Raffles  
Slot Machines

Cards and Dice  
Scratch offs  
Crypto  
Office Pools  
Raffles  
Stock Market  
Sport Betting



**Mobile Sports Betting (April 2021)**  
**LIVE January 9th, 2022 (9am)**





# GAMBLING ADDICTION AFFECTS EVERYONE

# 2/3

REPORTED THAT THEIR MENTAL HEALTH HAS SUFFERED



# 70%

ALCOHOL DISORDER

# 38%

DRUG DISORDER

# 60%

NICOTINE DEPENDENCE



# 41%

HAVE ANXIETY





# PROBLEM GAMBLING AND SUICIDE

O O O  
O X O









# RECOGNIZING A HIDDEN RISK AMONG OUR VETERANS

## Veterans and Problem Gambling

**Veterans are 2-3x's more likely to develop a problem with gambling than their civilian counterparts. Recent research reveals the rate of problem gambling among active duty military was 3.5 times higher than among civilians.**

### Suicide Risk

44% of veterans in treatment for problem gambling reported making suicide attempts

### Post Traumatic Stress

Veterans with PTS have a 60% higher rate of gambling addiction than the general population

### Homelessness

Gambling disorder is the second strongest predictor of homelessness among veterans

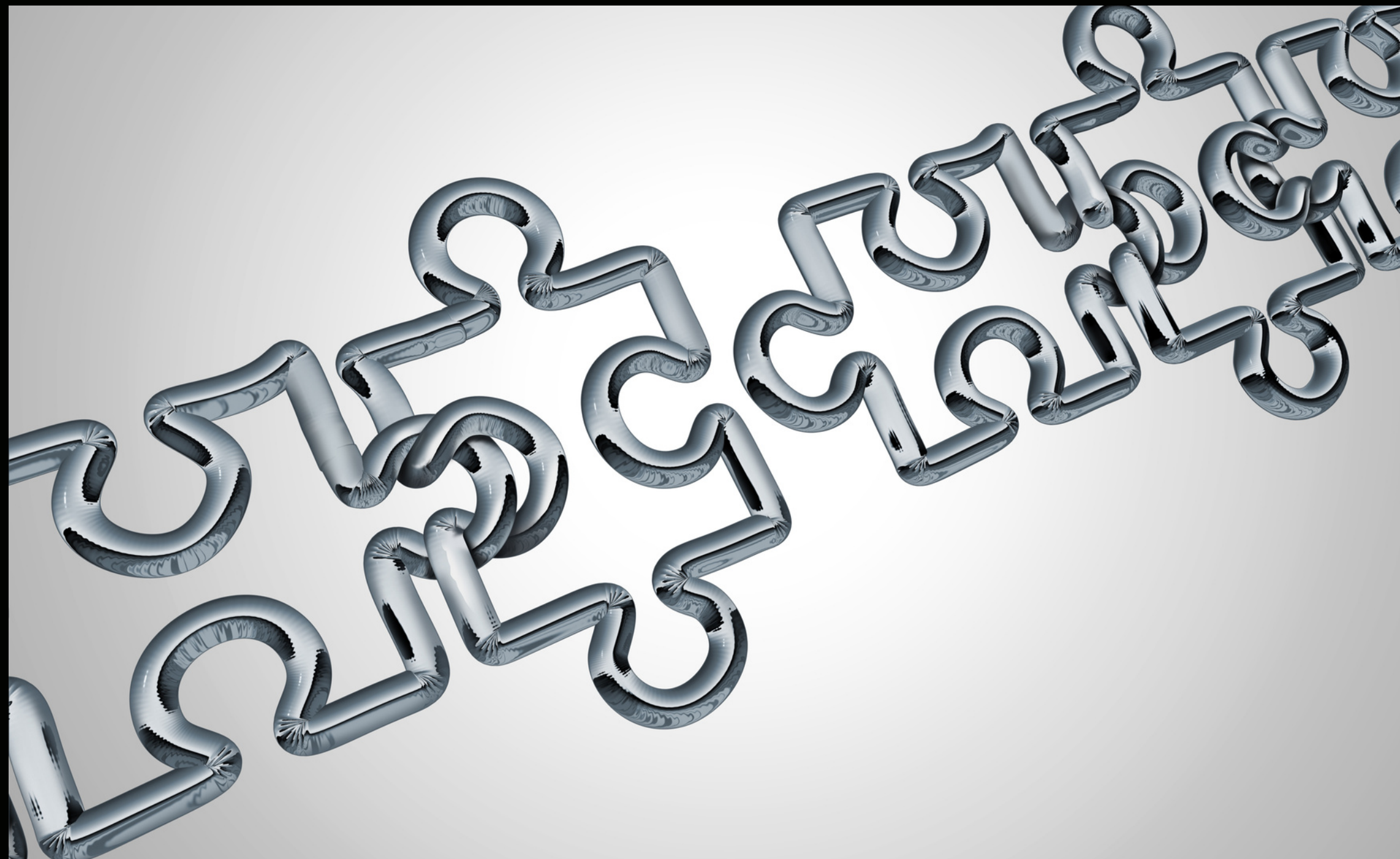
### Substance Use

66.4% of veterans seeking treatment for gambling disorder reported a lifetime history of substance abuse

### Mental Health

Problem gambling often co-occurs with depression, anxiety, PTS and TBI.

# THE GAPS



DoD &  
Coast Guard do not  
actively screen active-  
duty service members  
for PG.  
(GAO, 2017)

According to the DOD, 17.3% of active-duty  
service members are African American.

Yet, African-American veterans have not been  
well represented in studies examining gambling  
behavior in veterans (Levy, L. et al, 2016).

Among civilians, Blacks are more likely to be  
impacted by problem gambling (Welte et al.  
2006).

Join #NYCPG as we raise awareness.





**When someone needs help,  
what do you do?**





## **PGRC CLINICAL NETWORK**

Network of licensed mental health professionals that specialize in PG

- In person
- Telehealth



## **REFERRALS TO SUPPORT SERVICES**

- Gambler's Anonymous (GA)
- Family Groups
- Recovery Community
- Peer Support
- Podcasts



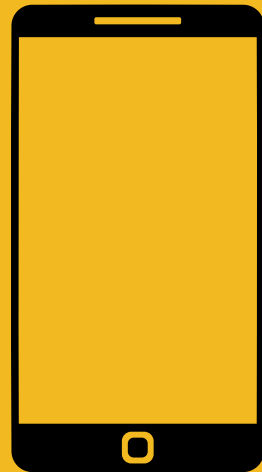
## **SELF - EXCLUSION**

Provide information about voluntary self-exclusion process in NYS



# Referral Process

CONTACT US VIA PHONE, EMAIL,  
MESSAGE



HOURS - MONDAY THROUGH  
FRIDAY 9 A.M. - 5 P.M.



ALL CALLS ARE CONFIDENTIAL



COST IS NOT A BARRIER



**914-215-6440**

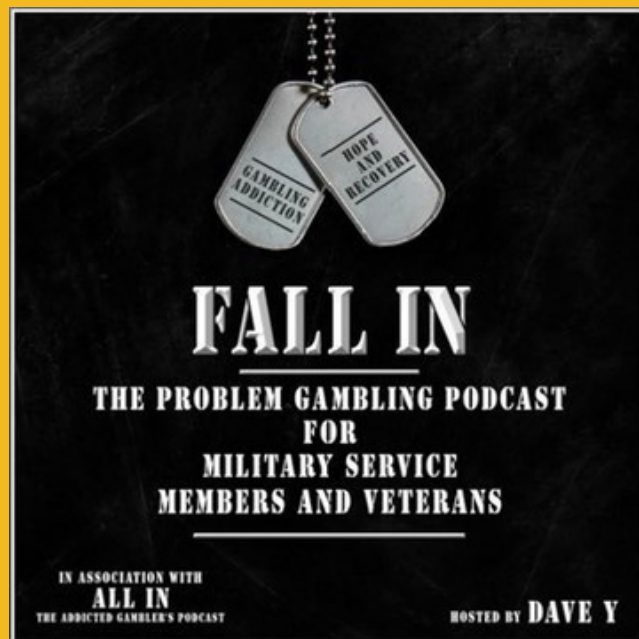
**Mid-HudsonPGRC@NYProblemGambling.org**







A conversation about gambling addiction and how it affects the individual, the family, and society. Mental Health matters are discussed as mental health is important.



Dave Yeager is a U.S. Army Veteran and in recovery for a gambling addiction. Through Dave's own story and the stories of Active Duty Military Members and Veterans we hope to create a safe space to listen and learn about gambling addiction in the military. This podcast is produced in association with All In: The Addicted Gambler's Podcast.

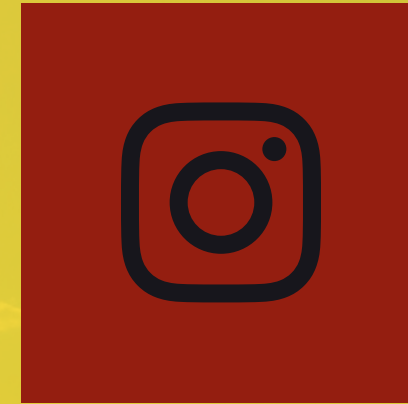


Call (315) 748-1163  
or email [JCrandall@nyproblemgambling.org](mailto:JCrandall@nyproblemgambling.org)  
for veteran-specific care.





**FACEBOOK**  
Mid-Hudson PGRC



**INSTAGRAM**  
midhudson\_pgrc

# **The Hidden Addiction Podcast**



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**CHAMPIONS OF CHANGE:  
TIME FOR A CALL TO ACTION ON VETERAN  
PROBLEM GAMBLING**

**TUESDAY, NOVEMBER 15, 2022**

**9AM-2PM**

**\*HYBRID CONFERENCE EVENT\***

IN-PERSON at the  
National Veterans Resource  
Center @ Syracuse University

Scan or use the link at the  
bottom of this email for  
IN-PERSON Registration.



VIRTUAL Anywhere  
via ZOOM

Scan or use the link at the  
bottom of this email for  
IN-PERSON Registration.



*For more info or help with registration,  
contact Angela DiRosa  
[adirosa@nyproblemgambling.org](mailto:adirosa@nyproblemgambling.org)*

PROBLEM GAMBLING  
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RESOURCE CENTERS